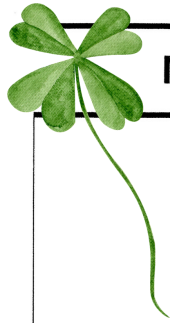


L'ANSE AREA SCHOOLS

March

K-12 LUNCH MENU

Peanut butter & jelly sandwiches on whole grain bread are available daily as an alternate.
 Low fat milk or 1% white offered daily; condiments offered as appropriate.
 (6th -12th grade is offered alternate or salad daily) (* is offered to 9th-12th grade only)



Monday	Tuesday	Wednesday	Thursday	Friday
				1 PEPPERONI FRENCH BREAD PIZZA, FRESH VEGGIES, FRUIT & MILK (EGG ROLLS)
4 CHICKEN NUGGETS, COLESLAW, CORN MUFFIN, FRUIT & MILK (CHICKEN ALFREDO)	5 QUESADILLAS, BLACK BEAN SALSA, CARROTS, FRUIT & MILK (COLD HAM/CH. SAND.)	6 GRILLED CHEESE SAND. ON WG BREAD, TOMATO SOUP, CARROTS, CRACKERS, FRUIT & MILK (PEPPERONI HOT POCKET)	7 HAMBURGER ON WG BUN, BAKED BEANS, VEGGIE, FRUIT & MILK (SPICY CHICKEN PATTY)	8 CHEEZY BREADSTICK PIZZA w/MARINARA SAUCE FRESH VEGGIE, FRUIT & MILK (MINI CHEESEBURGERS)
11 CHILI w/meat & beans, CHEDDAR GOLDFISH CRACKERS, GREEN PEPPERS, FRUIT & MILK (CHEESE BREADSTICKS)	12 HOT DOG ON WG BUN, BAKED BEANS, FRESH VEGGIES, FRUIT & MILK (BRAT)	13 SPAGHETTI SAUCE ON WG NOODLES, GREEN BEANS, GARLIC TOAST, FRUIT & MILK (BONELESS WINGS)	14 CHICKEN TENDERS TOSSED SALAD, CORN MUFFIN, FRUIT & MILK (TURKEY SUB)	15 PEPPERONI PIZZA, FRESH VEGGIES, FRUIT & MILK (MOZZ. CHEESE STICKS)
18 DELUXE NACHOS (meat, beans, romaine, cheese & chips) CARROTS, FRUIT & MILK (CORN DOG)	19 PANCAKES, SAUSAGE, HASHBROWN, FROZEN FRUIT CUP (EGG MUFFIN)	20 CHICKEN DRUMSTICK, MASHED POTATOES, GRAVY, CORN, DINNER ROLL, FRUIT & MILK (HAM/CHEESE HOT POCKET)	21 SLOPPY JOES ON WG BUN, COLESLAW, FRESH VEGGIES, FRUIT & MILK (HAM/CHEESE ON KAISER)	22 FRENCH BREAD GARLIC CHEESE PIZZA, FRESH VEGGIES, FRUIT & MILK (PRETZEL & CHEESE)
25 CHICKEN PATTY ON WG BUN, BAKED BEANS, CALIF. BLEND VEG., FRUIT & MILK (PIZZA BURGER)	26 QUESADILLAS BLACK BEAN SALSA, CARROTS, FRUIT & MILK (LASAGNA ROLLUPS)	27 CORN DOG, BAKED BEANS, FRESH VEGGIES, FRUIT & MILK (BAKED POTATO)	28 CHEESE PIZZA, FRESH VEGGIES, FRUIT & MILK (PHILLY CHEESE SUB)	29 NO SCHOOL

